

7 Continents & 5 Oceans

七大洲与五大洋 · 双语速查



悉尼陪读妈妈Jessica · 可打印双语课件

Continents by Size 七大洲面积排名



Asia 亚洲

44.58M km²



Africa 非洲

30.37M km²



North America 北美洲

24.71M km²



South America 南美洲

17.84M km²



Antarctica 南极洲

14.20M km²



Europe 欧洲

10.18M km²



Australia/Oceania 大洋洲

8.53M km²



⚡ Asia 才是最大的洲，不是 Africa!

⚡ Australia 是最小的洲，不是 Antarctica!

5 Oceans of the World 五大洋



Pacific Ocean
太平洋

最大的大洋，在亚洲和美洲之间



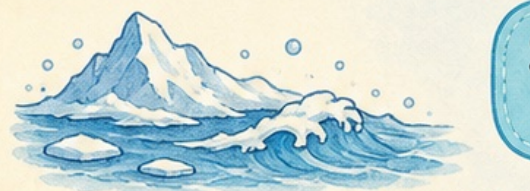
Atlantic Ocean
大西洋

第二大，在欧洲/非洲和美洲之间



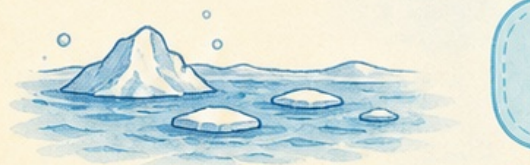
Indian Ocean
印度洋

第三大，在非洲、亚洲和大洋洲之间



Southern Ocean
南冰洋

环绕南极洲的大洋



Arctic Ocean
北冰洋

最小的大洋，在北极附近



Southern Ocean 在南边，Arctic Ocean 在北边，别搞反！



Pacific Ocean 是最大的大洋，比所有陆地加起来还大

Geography Key Words 地理核心词汇

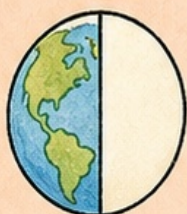
continent
大洲



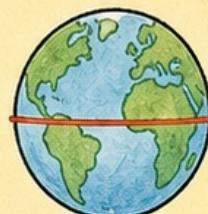
ocean
大洋



hemisphere
半球



equator
赤道



rainforest
雨林



coral reef
珊瑚礁



glacier
冰川



desert
沙漠





5 Easy Mistakes 五个容易混的点

1

✗ Africa is the largest continent

✓ Asia 才是最大的洲 (44.58M km²)



2

✗ Antarctica is the smallest continent

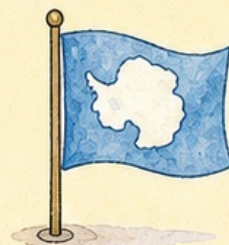
✓ Australia/Oceania 才是最小的洲



3

✗ Antarctica has countries

✓ 南极洲没有国家, 只有科研站



4

✗ Atlantic Ocean is the largest ocean

✓ Pacific Ocean 才是最大的大洋



5

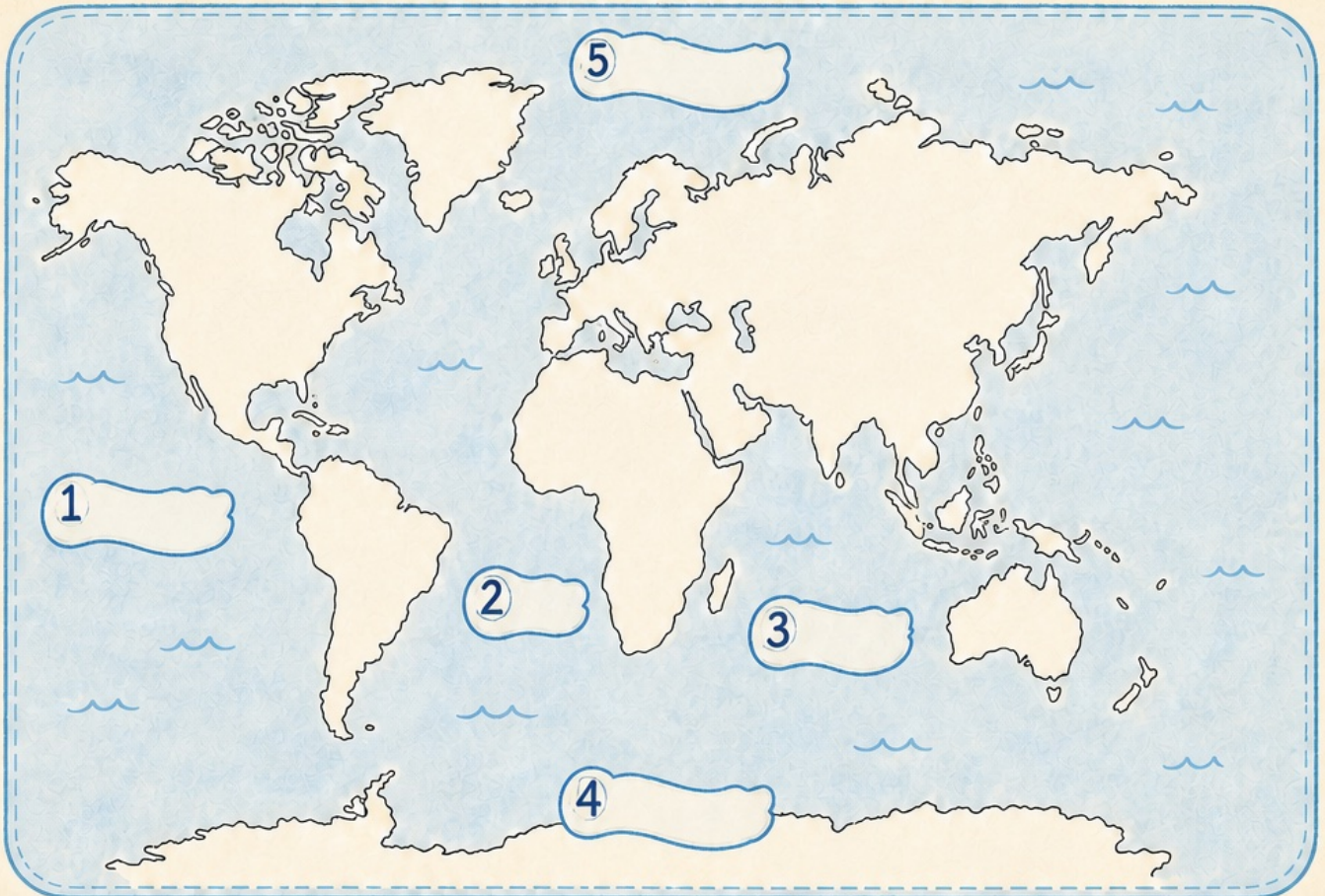
✗ Southern Ocean is in the north

✓ Southern Ocean 在南边, Arctic Ocean 在北边



Map Challenge 地图挑战

1. Colour the 7 continents.
2. Label the 5 oceans.



Colour Key



Asia — yellow



Africa — orange



North America — green



South America — coral



Europe — lavender



Australia/Oceania — sage



Antarctica — ice blue

Ocean Word Bank



Pacific
Ocean

Atlantic
Ocean

Indian
Ocean

Southern
Ocean

Arctic
Ocean



Quick Check 快速自测

Complete the sentences. Use the Word Bank.

Word Bank

seven

Asia

Australia/Oceania

Pacific

Southern

Arctic

1.

There are _____ continents in the world.



2.

_____ is the largest continent.



3.

_____ is the smallest continent.



4.

The _____ Ocean is the largest ocean.



5.

The _____ Ocean surrounds Antarctica.



6.

The _____ Ocean is near the North Pole.



How did I do?

☐

I know it.

☐

I mixed it up.

☐

Practise again.